



9th Annual Army HOOAH 5K/10K Race

In celebration of the US Army's 235th birthday!
A USATF certified course & Peachtree Road Race Qualifier



Saturday, 12 June 2010
5K - 7:30 AM / 10K - 8:00 AM

THE COURSE: The 9th annual Army HOOAH Race is comprised of a 5K and a 10K race on a point-to-point USATF certified course (flat and fast - perfect as a tune-up race for this year's Peachtree Road Race or to establish a qualifying time for the 2011 Peachtree Road Race!). The 5K begins in downtown East Point, at the East Point Library, near the East Point MARTA. Both races finish at Hedekin Field in Fort McPherson. The 10K Peachtree Road Qualifier route begins in College Park at the Georgia International Convention Center on Highway 29. A free 50 and 100 yard Tot-Trot for children 10 and under will take place after the race and prior to the awards ceremony. There are no free T-shirts for the children however, ribbons are available for all children who participate.

PARKING: Parking for the 5K race is available in downtown East Point by the library. Parking for the 10K race is available at the Georgia International Convention Center. There is limited parking on Fort McPherson (for Department of Defense registered vehicles only), so participants are encouraged to either take the MARTA to the start points or park at the areas designated above. Shuttle buses will be available to transport participants from the College Park MARTA station both start points. The start for the 5K race is only 1/10 mile from East Point MARTA station so participants can walk to the start. Shuttle buses are also available to transport participants back to each starting point after the race.

REGISTRATION:

- Online registration starts 1 March 2010 and completes on 9 June 2010.
- Detailed race information is available online at <http://www.armyhooahrace.army.mil/armyhooahrace> . This includes a link to www.active.com
- Mail-in registration and fee (\$15.00) to the address listed on the reverse page postmarked no later than 28 May 2010.
- In person registration may be done at the Fort McPherson Leisure Activities Center until 11 June 2010.
- Race day registration will be from 5:00 AM to 7:15 AM where timing chips and racing numbers will be given only. The T-shirt and other items in the packet will be picked up after the race on Hedekin field. Race day registration will stop 15 minutes prior to the start of each race and is located at each of the respective start lines. Race day registration is \$20.00 and is cash only.
- Pre-registration packet pick up containing timing chips, racing number, t-shirts, etc., is at the Georgia International Convention Center on 11 June 2010, Friday, from 10:00 AM to 2:00 PM and from 4:00 PM to 7:00 PM.

AWARDS:

- Overall male and female; male and female Masters; male and female Grand Masters who finish first in each race. Also, the top three male and female who finishes in 14 age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.
- Additional awards for 1st place 5K/0K participants (10K participant takes precedence) are:
 - (1) Wounded Veteran Runner
 - (2) Wounded Veteran Wheelchair
 - (3) Civilian Wheelchair
 - (4) Inspirational Award (1st senior military and civilian who finishes)
- Additional awards for 1st place in 10K only are:
 - (1) Military team – 5 persons, must include both genders
 - (2) Civilian team – 5 persons, must include both genders
 - (3) Overall male and female Military

**If you are interested in sponsorship opportunities for the 2010 U.S. Army Hooah Race
please contact MWR at (404) 464-4392**

PRIVACY ACT STATEMENT

AUTHORITY. Title 10, U.S. Code Annotated, Sections 3012 and 3013. **PRINCIPAL PURPOSE.** To gather information and to register and contact participants in the 9th Annual Army Hooah Race. **ROUTINE USES.** For coordination with prospective attendees. **EFFECT OF FAILURE TO PROVIDE REQUESTED INFORMATION:** Furnishing this information is voluntary, but failure to do so may delay or prevent registration.

9th Annual Army Hooah 5K/10K Race, 12 June 2010, Registration Form

First Name _____ MI Last Name _____

Street Address 1 _____

Street Address 2 _____

City _____ State Zip

Phone _____ - _____ - _____ Adult T-Shirt Size: Small Medium Large X-Large

Please check the appropriate category for the individual competitors: **5K** or **10K**

Date of Birth Month Day Year Male Female Military: Yes No

Parking at Ft. McPherson with valid Department of Defense Vehical Decal: Yes No

Wounded Veteran: Yes No Wheelchair: Yes No

E-mail Address: _____ @ _____

If registering for a team, please check one (only) of the following categories: For the Military or Civilian Team, are you the Team Captain: Yes

Military Team 10 K Course only - **5 participants of both genders**

Team Name: _____

Civilian Team 10 K Course only - **5 participants of both genders**

Team Name: _____

RELEASE FORM: For and in consideration of the acceptance of my entry in the 9th Annual Army Hooah 5K and 10K Race to be held on 12 June 2010, I attest that I am physically fit, have sufficiently trained for and am mentally and physically capable of participating in this 6.2 or 3.1 mile race event. My participation is voluntary and is done at my own risk. I understand that participation in the 9th Annual Army Hooah 5K and 10K race is an inherently dangerous activity and that the risks of participating include, but are not limited to, death and serious bodily injury. I assume all risks associated with participating in this event including, but not limited to, the weather, to include high heat and humidity, conditions of the road and other race surfaces, falls, collisions, motor vehicle traffic, and the conduct of spectators and participants. I hereby, for myself, my heirs, my administrators and executors, personal representative and my assigns forever waive, release and discharge any and all rights and claims for damages and losses, whether monetary or otherwise compensatory, that I may have against, (i) the United States Army, its commanders, officers, Soldiers, employees, contractors, members, representatives and agents, (ii) any sponsors of the race, their representatives and successors, (iii) all 9th Annual Hooah 5K and 10K race officials, participants, organizers, planners and volunteers and (iv) the cities of East Point and College Park for any injury sustained by me arising out of my association with, entry in, or participation in the 9th Annual Hooah 5K and 10K race and any pre-, post- or other race related activity. I understand and agree that medical or other services rendered to me by or at the instance of any of the above parties is not an admission of liability to provide or continue to provide any such services and is not a waiver by any said parties of any right hereunder. I also acknowledge that should I require transfer to a medical facility, I must pay for such transportation and any treatment provided. I further agree now and forever to hold the above named and unnamed parties harmless and indemnify them for all claims, judgments, and costs of whatever nature and form. I agree to abide by all instructions from race officials and I agree to withdraw from the race if such official in his or her sole judgment and discretion determines that I should not participate because my participation poses a threat to the safety of myself or because I did not abide by any instruction given to me. I understand that any race entry fees paid by me are non-refundable. The non-refund policy applies to any cancellation of the race for weather or other circumstances deemed appropriate by the official race director.

Signature (Parent or Guardian if under 18)

Date

No application will be accepted without a signed waiver

Mail this application and **signed waiver**, post-marked by 28 May, 2010. Make check payable to **MWR**.

**Ninth Annual Army Hooah Race
Attn: Ms. Jean Harper
DMWR Financial Management (Garrison HQ, Building 65)
1386 Troop Row SW
Fort McPherson, GA 30330 – 1069**