



Atlanta Christmas 5K Run/Walk

Saturday 12.19.2015 | 8:00 am

Don't miss this Atlanta Christmas tradition of running through the Virginia Highland & Morningside neighborhoods! Registration closes at 1500 or Dec 11th, whichever is first. This is a family friendly event a walkers, strollers & dogs on leashes welcome. Portion of proceeds to benefit YWCA of Greater Atlanta, area Churches and other charitable causes. Long sleeved ta shirts! Santa Hats to all participants! Skinny Santa returns to start the race & give out goodies! Hundreds of dollars in drawings from local merchants! Christmas music! Loads of fun! **STARTS @ YWCA, 957 N Highland Ave NE, Atl, 30306 @ 8:00 am. ENDS @Morningside Presbyterian Church, 1411 N. Morningside Dr, Atlanta 30306. Peachtree Road Race qualifier.** Fastest course in Virginia Highland.

AGE GROUPS/AWARDS: ELECTRONIC CHIP TIMING. Colorful unique awards to Overall M & F, Masters M & F, and 3a Deep for M & F Age Groups: 10 & Under, 11a 14, 15a 19, 20a 24, 25a 29, 30a 34, 35a 39, 40a 44, 45a 49, 50a 54, 55a 59, 60a 64, 65a 69, 70 & over. Phidippides gift cards to the Overall M & F and Masters M & F winners.

REGISTRATION: \$35 if postmarked/received by Oct 15th; \$40 thereafter NO RACE DAY REGISTRATION

DON'T MISS THIS ATLANTA CHRISTMAS TRADITION! JOIN TWO THOUSAND RUNNERS WITH SANTA HATS RUNNING THROUGH THE STREETS OF VIRGINIA HIGHLAND

GREAT RACE EXTRAS!

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| 1. Hot coffee | 7. Santa Claus on hand for kids (and adults) |
| 2. Hot chocolate | 8. Santa will hand out awards |
| 3. Hot cider | 9. Electronic chip timing |
| 4. Christmas cookies, bagels and great snacks | 10. Great quality Christmas theme t-shirts |
| 5. Santa hats for all runners/ walkers | 11. Three deep in age group awards |
| 6. Christmas music | |

- Online – www.active.com
- In store at Phidippides Ansley Mall & Sandy Springs: www.phidippides.com
- Download & mail – www.running4fitness.com or www.rungeorgia.com Mail to: Race Director, 1160 Briarcliff Road NE, Unit 2, Atlanta, GA 30306

EARLY PACKET PICK UP: Pick up packets & t-shirts at Phidippides Ansley Mall location Dec 12, 14, 15, 16, 17. Race Day Packet & T-Shirt Pick-up only for out of town runners or emergency: 6:30- 7:30 am at YWCA.

PARKING: Parking available in YWCA parking lot, pay lots on N Highland, on side streets near the start or finish areas. Limited parking available at the church (finish area) - short walk to the starting line. Watch for "no parking" signs and please do not block driveways! MARTA recommended. See www.rungeorgia.com (Christmas 5K) for route to VA Highland.

RACE INFO: Ed Williams | Race Director 404.993.1975
roadraceservices@comcast.net



RAIN OR SHINE | NO REFUNDS

ENTRY FORM – 2014 ATLANTA CHRISTMAS 5K – DEC 19, 2015

Checks payable to: *Running 4 Fitness* & mail to Race Director, 1160 Briarcliff Road NE Unit 2, Atlanta GA 30306

Amount enclosed \$ _____ **Circle one:** 5K Walk 5K Run **Circle:** Male Female
T-Shirt (circle size): Small Medium Large X-Large

NAME _____ AGE _____

ADDRESS _____

CITY/STATE/ZIP _____ PHONE _____

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to compete in this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release all race officials, volunteers, sponsors, and any others associated with this event from legal liability. Furthermore, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recording or other record of this event for legitimate purposes.

Signature of participant /Parent or guardian's signature if under 18 years of age _____ Date _____