

**Beulah High School
Presents
"RUN" for BHS HOSA
Health Occupations Students of America**



BHS HOSA members are competing at the International
leadership Conference in Dallas, Texas.



Qualifying members are excited to have this opportunity to represent Beulah High HOSA.
To help raise the necessary funds to get them to Dallas, we are having virtual runs.

Races (Circle ones you will do virtually):

1 Mile, 2K (1.24 miles), 3K (1.86 miles), 4K (2.48 miles), 5K (3.1 miles)

VIRTUAL RUNS or WALKS

**Do all five events or any number between May 31st & June 5th
Submit times by June 6th to rkeel@mindspring.com
Shirts and points will be given**

Entry Fee:

- \$20.00 for one race if received by May 31, 2023
- \$25.00 for two races if received by May 31, 2023
- \$30.00 for three races if received by May 31, 2023
- \$35.00 for four races if received by May 31, 2023
- \$40.00 for five races if received by May 31, 2023

Questions: Call Roger Keel at 334-524-2884 or email at rkeel@mindspring.com.

Shirt Size (Circle One): YS YM YL S M L XL XXL XXXL

Shirt Type (Circle One): Technical Shirt Cotton 50/50
I don't want to do a virtual run, please send my shirt after June 1st.

Mail Check & Entry to:

"Run" for HOSA
Attn: Mrs. Magbee
4848 Lee road 270
Valley, Alabama 36854

First Name: _____ **Last Name:** _____ **Gender:** ___ **Age:** ___

Phone: _____ **Email:** _____

Address: _____

City/State/Zip: _____

In consideration of the acceptance of this entry, I, the undersigned, intending to be legally bound hereby for myself, heirs, executors and administrators, waive and release all rights and claims for damages that I may have against Beulah High School, Beulah HOSA Organization, race directors, officers, agents of them, any and all injuries suffered by me in this event, including pre and post-race activities, and agree they are under no obligation to provide a physical examination or other evidence of fitness to participate. I attest and verify that I am physically fit and have sufficiently trained for this event.

Signature: _____ **Date:** _____

**Parent must sign if participant is under 18 years of age*