

**Beulah High School  
Presents  
"RUN" for BHS HOSA  
Future Health Professionals**



BHS HOSA members are competing at the International leadership Conference in Nashville, Tennessee.



Qualifying members are excited to have this opportunity to represent Beulah High HOSA. To help raise the necessary funds to get them to Nashville, we are having virtual runs.

**Races (Circle ones you will do virtually):**

**1 Mile, 2K (1.24 miles), 3K (1.86 miles), 4K (2.48 miles), 5K (3.1 miles)**

**VIRTUAL RUNS or WALKS**

**Do all five events or any number between April 30th & May 4th**

**Submit times by May 4th to [rkeel@mindspring.com](mailto:rkeel@mindspring.com)**

**Shirts and points will be given.**

**Entry Fee:**

\$20.00 for one race if received by April 30, 2025

\$25.00 for two races if received by April 30, 2025

\$30.00 for three races if received by April 30, 2025

\$35.00 for four races if received by April 30, 2025

\$40.00 for five races if received by April 30, 2025

**Questions:** Call Roger Keel at 334-524-2884 or email at [rkeel@mindspring.com](mailto:rkeel@mindspring.com).

**Shirt Size (Circle One):** YS YM YL S M L XL XXL XXXL

**Shirt Type :** Cotton 50/50

**I don't want to do a virtual run, please send my shirt after May 4th.**

**Mail Check & Entry to:**

"Run" for HOSA

Attn: Mrs. Siggers

4848 Lee road 270

Valley, Alabama 36854

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_ **Gender:** \_\_\_\_ **Age:** \_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

In consideration of the acceptance of this entry, I, the undersigned, intend to be legally bound hereby for myself, heirs, executors and administrators, waive and release all rights and claims for damages that I may have against Beulah High School, Beulah HOSA Organization, race directors, officers, agents of them, any and all injuries suffered by me in this event, including pre and post-race activities, and agree they are under no obligation to provide a physical examination or other evidence of fitness to participate. I attest and verify that I am physically fit and have sufficiently trained for this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\*Parent must sign if participant is under 18 years of age