

## 11th Annual Adams Realtors RUN **FOR THE PARK** 5K Run/Walk -Grant Park, Atlanta Saturday, August 24, 2013 8 a.m.

## Register Early - Race is limited to the first 1000! USA Track & Field certified course - Peachtree Road Race Qualifier

RACE DETAILS: Participate in the 11th Annual Adams Realtors Run for the Park sponsored by Adams Realtors, Grant Park's premiere real estate company. The event, part of the weekend long Grant Park SUMMER SHADE FESTIVAL, includes a 5K Race & Free Kid's Tot Trot for ages 5 & under. New this year is the Stroller Stroll – line up after runners. All proceeds benefit the Grant Park Conservancy & its efforts to restore Atlanta's oldest park. Course Map Start & finish at the main entrance to Zoo Atlanta (Cherokee Ave & Augusta Ave). All participants 21 and older with a valid ID and race bib eligible to enjoy a FREE cold adult draft beverage courtesy of Bill Adams & Adams REALTORS immediately following the Awards Ceremonies at Dakota Blue, next to Adams Realtors. Enjoy discounted brunch (coupon will be in your race bag). Stay around to enjoy the sites & sounds of the Summer Shade Festival! 100% cotton t-shirts. 5K begins at 8 am - Tot trot starts at 8:45 am. Rain or shine. No Refunds. AGE GROUPS/AWARDS: Overall M & F; Masters M & F; 3-deep in the following age groups: 10 & under; 11-14,

15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69, 70 & over. Awards for Stroller Stroll to the first male & female strollers.

**REGISTRATION:** \$25 by Aug 1<sup>st</sup>, \$30 afterward and on Race Day. Tot trot for kids ages 5 & under - Free.

- Online click here for active.com
- Download form and mail race entry www.running4fitness.com OR www.rungeorgia.com .
- Mail Make checks payable to RUN FOR THE PARK and mail to Adams Realtors, 458 Cherokee Avenue, Atlanta, GA 30312 through Aug 20<sup>th</sup>.
- In person registration at Adams Realtors through Aug 20<sup>th</sup>
- In store at Phidippides Ansley Mall through Aug 20<sup>th</sup> 404.875.4268

Race Day Registration and Packet pick up starting at 7:00 am near the Zoo Atlanta parking lot in Grant Park at 800 Cherokee Ave.

**RACE INFO:** Ed Williams, Race Director 404-327-7738 email: roadraceservices@comcast.net

SPONSOR INFO: Lauren@adamsrealtors.com. 404-688-1222

	ENTRY FORM Run for the Park – Saturday		
Check amount \$ Avenue, Atlanta, GA	. Checks payable to RUN FOR THE 30312	PARK and mail to Adams Realtors,	458 Cherokee
	5K T-Shirt Size (circle) Small Medium		
	[ ] 5K Run [ ]5K Walk [ ]Stroll	er Stroll [ ] Tot Trot	
NAME		AGE	
			<del></del>
CITY/STATE/ZIP		GENDER [ ] M [ ]	F
	F		
assume all risks associate weather including high he not wear headsets or any act on my behalf, I waive	ing a road race is a potentially hazardous activity. I and with my participation including, but not limited to eat and/or humidity, traffic, and the conditions of the device that restricts my hearing or other perception. I and release all race officials, volunteers, sponsors, and rent permission to use photos or any other record of me	o, falls, contact with other participants, an road, all such risks being known and appre In consideration of this entry, for myself an d any others associated with this event. Fu	nd the effects of the eciated by me. I will ad anyone entitled to
Signature of participa	ant /Parent or guardian's signature if under	18 years of age Date	