

# 2<sup>nd</sup> Annual Cinco de Mayo 5K Run aka "Cinco de Hills 5K"

"The toughest little 5K in Douglas County."



## Kids 1 Mile Run and Mexican Dinner

Bright Star United Methodist Church  
3715 Bright Star Road  
Douglasville, GA 30135

Wednesday, May 5, 2010 at 6:30 pm



**THE COURSE:** runs through the neighborhood around Bright Star UMC. It is a hilly course.

**DIRECTIONS TO RACE:** From I-20, take Exit 34 and head south to the first light (Douglas Blvd). Turn right and go 1 mile to Bright Star Road and turn left. Church is approximately 1.5 miles down on the right.

**5K Awards:** Trophies to overall & master's male and female. Top three age group awards: 9-under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over. Fastest "Preacher" in town award (A donation of \$100 will be given to the winning preacher's church or charity).

**1 Mile:** 10 & under kids 1 mile starts at 6:00 pm. Awards to top three overall boys & girls. Mixed team competition (team must consist of 4 runners, with a minimum of 1 girl). Winning team will receive trophy and \$100 donation to school or charity.

**REGISTRATION INFORMATION:** 5K entry fee is \$20.00 until 4/25/10, after \$25.00. 1 mile entry fee is \$10.00 in advance and \$15.00 after 4/25/10. Mexican Dinner is \$5.00. Registration can be done at the Church Office or Active.com at [http://www.active.com/event\\_detail.cfm?event\\_id=1833822](http://www.active.com/event_detail.cfm?event_id=1833822).

Race starts at 6:30p.m. Dinner starts at 6:30p.m. Awards by 7:45p.m. Each 5K pre-registered entrant receives a goody bag and T-shirt (race day entrants will receive one until we run out). Runners purchasing Mexican dinner will be on the reservation list.

Info: Francisco Artley 678-391-0487, church 770-949-2555, e-mail: [cincodemayo5k@brightstarumc.org](mailto:cincodemayo5k@brightstarumc.org)

Check should be made to: **BSUMC Cinco De Mayo 5K** **MAY 5, 2010 6:30P.M.**  
Mail to: Bright Star UMC, 3715 Bright Star Road, Douglasville, GA 30135

NAME \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY, STATE, ZIP \_\_\_\_\_

Preacher: Y or N \_\_\_\_\_ If yes, Church and title \_\_\_\_\_

Adult: T-shirt size: S M L XL Youth T-shirt size: M L School \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE ON 5/5/10 \_\_\_\_\_ SEX M \_\_\_\_\_ F \_\_\_\_\_  
EMAIL \_\_\_\_\_

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able. In consideration of your accepting my entry, I assume all risks associated with running in this event, including but not limited to falls, contact with participants, effects of the weather, conditions of the road, all such risks being known by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I hereby waive and release Bright Star United Methodist Church, Cinco De Mayo 5K organizers, all sponsors, their representatives, and successors from any liabilities of any kind arising out of my participation in this event. I grant permission to the foregoing to use any photographs, motion pictures or any other record of this event for any legitimate purpose.

DATE \_\_\_\_\_ SIGNATURE (PARENT OR GUARDIAN IF RUNNER IS UNDER 18) \_\_\_\_\_

Entry Amount 5K or 1Mile: \$ \_\_\_\_\_

Phantom Runner: Y or N \_\_\_\_\_

Phantom runners are people who support the race and want a t-shirt, but don't want to run.

Mexican Dinner(s): \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

"We are Walker Friendly"