



10 MILE/4 MILE (100% TRAIL)

- **WHEN: Saturday October 8, 2011** – 10 mile starts at 8:00 a.m. – 4 mile at 8:15 (ish)
- **Limited Primitive Camp Sites Available** (October 7th)...\$5
- **Bonfire and Smores the night before**
- **WHERE: Frogtown, just outside of Cumming, GA** (Old Federal & Nicholson Rd) see website for directions
- **Packets picked up day of race (pick up begins at 6:45 AM)**
- **Awards:** Overall male/female/masters and age categories (top 3 for each)
- **Long sleeved color technical shirt for all participants**
- **Proceeds of this event go to Forsyth County Community Connection and Christian Runners**

Active.com registration available or

Register at any Big Peach Running Company Store or

Mail in registration using this form:

January 01 - June 30 \$30 (4 mile)/\$35 (10 mile)

July 01 - July 31 \$35 (4 mile)/\$40 (10 mile)

August 01 - August 31 \$50 for either distance

Reg. closes August 31 or whenever we reach 800 registrations.

Sorry - no refunds after July 31.

Please add (\$5 for primitive camp site)

Check Made Out To: ChristianRunners.org

Attn: Kelli Sliwinski

PO Box 72731, Marietta, GA 30007



Name _____

Address _____ City _____

State _____ Zip Code _____ Telephone() _____

Email _____

Sex: M F Age on race day: Birth date:

(Select One) ☐ 4 mile ☐ 10 mile

Shirt Size (Select One) ☐ XS ☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2XL

☐ Reserve a campsite for me (Include an extra \$5)

In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against the sponsors, organizers, officials and volunteers of the above Frogtown Trail Challenge for injury that may result directly or indirectly from my participation in this event. I further state that I am in proper physical condition to participate.

Signature _____ Date _____

Signature (parent) if entrant is under 18 _____ Date _____

Mail in registration must be received no later than August 31, 2011 or before we reach 800 registrations

More information: Contact Kelli at 770-314-9085

Email kellis@christianrunners.org website - www.FrogTownTrailChallenge.com