

Full House 5K

and 1K Fun Run

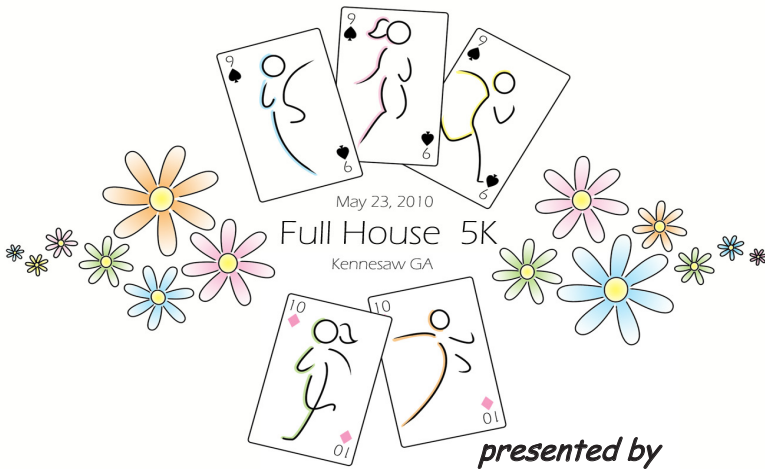


Sunday, May 23, 2010

Anytime Fitness
905 Ernest Barrett Parkway
Kennesaw, GA 30144

5K - 7:30 A.M., 1K Fun Run to follow conclusion of 5K.
Race day registration begins 6:30 A.M.

Come join us for fun and games! At each kilometer, you will be handed a card. Collect all five, and see how good your hand is. The best five hands will win GREAT prizes! All proceeds go to Cystic Fibrosis, so you can have fun and help a great cause at the same time! This is the second event in *The Time is NOW Race Series!*



presented by



www.thetimeisnow2010.com

Cost: \$20.00 preregistered by Tuesday, 5/18
\$25.00 after 5/18 and on race day

What you receive: Quality, moisture-wicking technical t-shirt and plenty of food and fluids after the race.

Awards: Male & Female Open, Masters & Grandmasters. Awards also to the top 3 finishers in the following age groups: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over. Unique finisher's medal for completing all four races. *Ribbons for all Fun Run finishers!*

More information: Contact Mark Vescio at (678) 895-2631 or runningmanwest@bellsouth.net. Visit www.thetimeisnow2010.com to find out how you can

receive discounts on training and fitness, including the new Boot Camp program at all Anytime Fitness locations.

Registration: Make check payable to Full House 5K and mail to: Pacesetter's P.R., P.O. Box 81777, Atlanta, GA 30366 or register in person at any Big Peach Running Company location or register online at www.active.com.

The Time is NOW Race Series is sponsored by Anytime Fitness. You always wanted to get in shape. Now is the time! Let Anytime Fitness help you achieve your goals! With personalized attention and fitness centers that are truly open 24/7, Anytime Fitness will make sure that you get great results all in a fun environment! These races will help keep you motivated throughout the year, and will be great ways to check your progress! Anytime, anyplace, let Anytime Fitness take you there!



Name: _____ Age: _____ Male: _____ Female: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____ T-Shirt (Adult Sizes): S ___ M ___ L ___ XL ___ XXL ___ (add \$2.00)

Race: 5K ___ 1K Fun Run ___ Phantom ___ (I want a t-shirt, but I choose not to run)

Also sign me up for: Summer Harvest Gallop 5K (8/22/10) ___ The Impossible 5K (11/7/10) ___ (\$20 each race)  Subaru of Kennesaw ANYWHERE STARTS HERE.

Registration Fee(s): \$ _____ + Additional donation \$ _____ = Total: _____

In consideration of acceptance of this entry I waive any and all claims for myself and/or my heirs for any injuries I may incur as a result of my participation in the Full House 5K and/or The Time is Now Race Series, thereby releasing all sponsors and volunteers associated with this event from liability. I understand that jogging/running is a strenuous sport and I further state that I am in proper physical condition for this event.

Signature (parent or guardian sign if under 18): _____