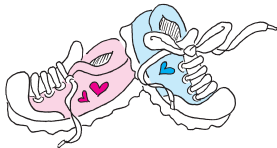


**Heart and Sole, Inc.** is a non-profit organization that benefits MCG Children's Medical Center Heart Program. Heart and Sole was founded in September 2006 in memory of Margaret Bowen McElreath. In July 2005, Bowen was born with a special heart. At three days old, Bowen was transported to MCG Children's Medical Center where she became a member of the Children's Heart Program family. Our hope is that we can help every child that has a special heart and assist their families with the best support possible.

Please join us for our **First Annual 5K Walk/Run and Evening Celebration** with the anticipation of many more to follow.

For more than a decade, **MCG Children's Medical Center Heart Program** has been delivering outstanding medical and surgical care to thousands of children with special hearts. Funding raised through the Children's Heart Program allows medical equipment to be updated and research to be performed. MCG Children's Medical Center Heart Program evolved from the commitment of an incredible physician, Dr. Bill Strong and a dedicated mom, Mrs. Julie Moretz. We thank them from the bottom of our hearts!

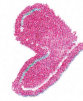


**Heart and Sole, Inc.**



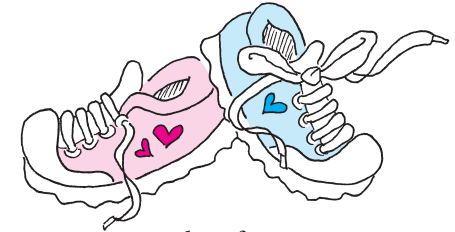
P.O. Box 10092  
 Augusta, GA 30903-0092  
[www.heartandsoleinc.org](http://www.heartandsoleinc.org)

PRSRRT STD  
 U S POSTAGE  
**PAID**  
 PERMIT #346  
 AUGUSTA GA



Heart and Sole, Inc.  
 in memory of  
 Margaret Bowen McElreath

# Heart and Sole, Inc.



benefiting  
 MCG Children's Medical Center  
 Heart Program

## 5K WALK/RUN



## EVENING CELEBRATION

AUGUSTA, GA ♥ ♥ ♥ MARCH 3, 2007

### PLATINUM SPONSORS



**BENJAMIN F. MCELREATH**  
 ATTORNEY AT LAW



### GOLD SPONSORS



AUGUSTA METRO  
 YOUTH FOUNDATION



### RACE INFORMATION:

The Heart and Sole 5K Walk/Run will be held in downtown Augusta, Georgia. The course will start and end at MCG Children's Medical Center, where numerous medical miracles take place everyday!

### LOCATION:

MCG Children's Medical Center  
1450 Harper Street  
Augusta, Georgia 30901

### RACE SCHEDULE:

**Friday, March 2, 2007**

**3:00 pm – 7:00 pm** Packet pick up and Late Registration at MCG Children's Medical Center main lobby.

**Saturday, March 3, 2007**

**7:30 am – 8:30 am** Packet pick up and Late Registration at MCG Children's Medical Center traffic circle.

**9:00 am** Runners begin 5K

**9:10 am** Walkers begin 5K

### REGISTRATION:

Register online at [www.heartandsoleinc.org](http://www.heartandsoleinc.org) beginning on January 20, 2007 and ending on February 16, 2007.

Register by mail by completing the attached entry form and mailing with payment to:

**Heart and Sole, Inc.**

**Attn: Tickets**

**P.O. Box 10092**

**Augusta, GA 30903-0092**

### FEES:

**\$25.00** Before February 16, 2007  
(Includes a T-shirt)

**\$30.00** After February 16, 2007  
(T-shirt will be provided if available)

\* No entry fee for children under 12.

T-shirt purchased separately for children.

\*\* Cash and check only for registration on the morning of the event.

### EVENING CELEBRATION:

Celebrate the gift of giving back to children with special hearts and dance the night away! Whether you participate in the 5K or not, come on out for an amazing cause! Food, drinks, friends and live music by Soul Dimensions!

### LOCATION:

Enterprise Mill  
1450 Greene Street  
Augusta, Georgia 30901

### CELEBRATION SCHEDULE:

**Saturday, March 3, 2007**

**7:00 pm – 11:00 pm**

### PURCHASE TICKETS:

Tickets will be available online at [www.heartandsoleinc.org](http://www.heartandsoleinc.org) on January 20, 2007.

Purchase tickets by mail by completing the attached form and mailing payment to:

**Heart and Sole, Inc.**

**Attn: Tickets**

**P.O. Box 10092**

**Augusta, GA 30903-0092**

\* *Tickets are limited for evening event!*

### FEES:

**\$50.00** per ticket

Adults 21 and over only.

Beverages and food included.

### REGISTRATION FORM:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address 2: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Alternate Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*(Please Circle)*

Adult Shirt Size: S M L XL

Children's Shirt Size: \_\_\_\_\_ Qty: \_\_\_\_\_

\* Cost of children's T-shirts are \$5.00

\_\_\_\_\_ 5K Run \_\_\_\_\_ 5K Walk

\$25 per person before 2/16/07

\$30 per person after 2/16/07

\* No entry fee for children under 12

\_\_\_\_\_ Evening Ticket(s) Qty: \_\_\_\_\_

Limited Tickets are available for evening celebration.

\$50 per ticket

\* Adults 21 and over only!

\_\_\_\_\_ I would like to make an additional \$ \_\_\_\_\_  
donation to Heart and Sole, Inc.

**Total Amount Enclosed:** \_\_\_\_\_

\* If you participate in both events the fee is \$70 total for both events.

**Forms of Payment:**

Mail & Online Registration - cash, check or credit card

Late Registration - cash or check only

Ck# \_\_\_\_\_ Amount: \_\_\_\_\_

CC# \_\_\_\_\_

Exp. Date: \_\_\_\_/\_\_\_\_ VISA MC AMEX

Mail to: **Heart and Sole, Inc.**

**Attn: Tickets**

**P.O. Box 10092**

**Augusta, GA 30903-0092**

**REGISTER NOW! ⇒**

**DEADLINE FOR EARLY  
REGISTRATION IS  
FEBRUARY 16, 2007**

**More information:**

**[www.heartandsoleinc.org](http://www.heartandsoleinc.org)**

**including directions &  
hotel accommodations**