



**12th Annual
The Legal Runaround
5K Race, Walk and Tot Trot
September 1st
5K – 8:30 a.m.
Tot Trot – 9:30 a.m.**



RACE DETAILS: Join us for the 12th annual Legal Runaround in Piedmont Park, Atlanta. Race location @ Double Decker Pavilion inside Piedmont Park. Strollers and dogs on leashes welcome. 5K Run & Walk begins at 8:30am. Tot Trot is open to kids ages 5 & under. There is no charge and should register by mail or on Race Day. Finisher ribbons given. No Tot Trot t-shirts.

AGE GROUPS/AWARDS: Overall M & F, Masters M & F & top M & F finishers in each category: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

REGISTRATION: Rain or Shine. No Refunds. \$20 if received by Aug 10; late and race day registration = \$25

- Register online – www.atlantabar.org
- Register online – www.active.com
- Register in store – Phidippides, Ansley Mall
- Download form and mail race entry – www.running4fitness.com
 - Checks payable to Atlanta Bar and mail to Race Director/Legal Runaround, 978 Scott Circle, Decatur, GA 30033
- Race Day On-site registration & packet pick up beginning at 7:30 am

T-SHIRTS: All participants will receive a 100% cotton short-sleeved T-shirt.

RACE INFO: Ed Williams | 404-327-7738 | email: roadraceservices@comcast.net

SPONSOR INFO: Mariana Pannell | 404-832-6206

SPONSORED BY

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ENTRY FORM – 2012 LEGAL RUNAROUND 5K & TOT TROT | SEPT 1st

Payable to Atlanta Bar and mail to Race Director/ Legal Runaround, 978 Scott Circle, Decatur, GA 30033

Circle: 5K run/walk Tot Trot (Free ages 5 & under/ no t-shirt)

T-Shirt (circle): Small Medium Large X-Large

Enclosed is my registration fee of \$_____

I am unable to participate but have enclosed a donation of \$_____

NAME _____ AGE _____

ADDRESS _____

CITY/STATE/ZIP _____ GENDER [] M [] F

E-MAIL _____ PHONE _____

LAW FIRM/COMPANY _____

Waiver I know that running a road race is a potentially hazardous activity. I am in proper physical condition to complete this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather, including high heat and/or humidity, traffic, conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release all race officials, volunteers, sponsors, and any others associated with this event. Furthermore, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recordings or any other record of me in this event for legitimate purposes.

Signature of participant /Parent or guardian's signature if under 18 years of age Date