



**Race Day Registration:**  
6:30 am

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**Race Starts at 7:30 am**

Learn about The American Legion at: [www.legion.org](http://www.legion.org)



**August 18, 2012  
Dallas Landing  
Acworth, GA**

### Who We Are:

The American Legion is the world's oldest and largest nonprofit veteran's organization. Proudly boasting 2.4 million members world-wide we take seriously the responsibility of caring for those who serve and have served our nation in the military.

We are a 501 (c) (19) veteran's nonprofit organization.

### What Post 304 Does:

Our energy and efforts are focused on the excellent youth programs supported by The American Legion. Our Post supports seven High Schools in Cobb County: Allatoona, Harrison, Kennesaw Mountain, Kell, Mt. Paran Christian, North Cobb & North Cobb Christian, as well as the R.O.T.C. students at Kennesaw State University.

### Where Does the Money Go?

Unlike most national nonprofits, all money generated by Post 304 stays in Cobb County for the benefit of helping local veterans and youth, and to provide scholarship(s) to worthy Student/Veterans at Kennesaw State University. We are always seeking donations to assist with or enhance our activities.

#### • The Race:

**Fairly Flat with some rolling hills, fast and scenic!** Starts and ends at beautiful Dallas Landing, winding by a scenic cemetery and residential neighborhood. Plentiful parking.

#### • The Directions:

**Easy directions** to the Acworth Dallas Landing course may be obtained by going to the following website:

[www.acworth.org/aprd/files/Download/directionsdallasland.pdf](http://www.acworth.org/aprd/files/Download/directionsdallasland.pdf)

#### • The Awards:

**Awards** for the top 3 Overall M/F; top 3 Masters M/F, as well as in the following age groups: 10&Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70&Over.

#### • The Shirts:

**Technical shirts to all race participants.** Indicate size on registration form. Note a \$2.00 extra charge for XXL.

#### • The Registration Fees:

\***Preregistration:** \$20.00 until August 17, 2012.

\***Race Day Registration:** \$25.00

#### • How to Register:

\***Online** at [www.active.com](http://www.active.com) until August 15, 2012.

\***In person** at any of the six convenient Big Peach Running Co. locations: Kennesaw, Marietta, Atlanta, Alpharetta, Decatur, or Suwanee

\***By Mail**, send completed entry form to:

**North Cobb American Legion Post 304**

**P.O. Box 15**

**Kennesaw, GA 30156-0015**

(a 501(c)(19) nonprofit veteran's organization)

#### • The Contact Information:

\*Race Manager Mark Vescio at: (678) 895-2631, or

\*[runningmanwest@bellsouth.net](mailto:runningmanwest@bellsouth.net)

\*Or visit us online at [www.post304.org](http://www.post304.org)

### Entry Form: North Cobb American Legion Post 304 5K Run

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ T-Shirt (Adult sizes):   S   M   L   XL   XXL (add \$2.00)

Registration Fee(s):\$ \_\_\_\_\_

In consideration of acceptance of this entry I waive any and all claims for myself and/or my heirs for any injuries I may incur as a result of my participation in the Legion 304 5K Race, thereby releasing all sponsors and volunteers associated with this event from liability. I understand that jogging/running is a strenuous sport and I further state that I am in proper physical condition for this event. Race will be held regardless of weather. No refunds will be issued.

Signature (parent or guardian sign if under age 18): \_\_\_\_\_

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