



**5K and FUN RUN** for the Central Night Shelter

# Ryan's Run for the Central Night Shelter

## June 10, 2017

### 5K Timed Race on USATF Course

### Let Your Light Shine

**RACE DETAILS:**

5K run or walk through historic downtown Atlanta and Grant Park starts at 8am, rain or shine June 11th. *Race starts and finishes at Central Presbyterian Church, 201 Washington Street.*

- All proceeds benefit the work of Central Night Shelter.
- Online registration available at **active.com** through June 1.
- Parking provided in the underground garage located on Central Avenue next to the Shrine of the Immaculate Conception Catholic Church. Georgia State and Five Points MARTA stations are within walking distance.
- Walkers and runners of all ages and levels are invited to participate. The course is well marked and supervised by police officers. Enjoy music at the finish line. All participants receive a t-shirt.

**Age group awards for timed runners:** M&F: 10 & under, 11-14, 15-24, 25-34, 35-44, 45-54, 55 & over. Top 3 over-all M & F winners

**Registration at ACTIVE.COM:**

**Search Ryan's Run for Central Night Shelter**  
\$30 by June 1, Fun Run, (untimed 1 mile) \$15.

Or mail form to:

Central Night Shelter Attn: Ryan's Run 2107 N Decatur Rd., Suite 479, Decatur, GA 30033

Checks payable to:

Central Night Shelter. Central Night Shelter is a 501(c)3 charitable organization.

Questions:

ryansrunforcentralnightshester@gmail.com

Race is limited to 1000 participants.

Please note: No gear check will be available.

T-shirt and number pick-up morning of event.

**One form per runner**

T-Shirt (circle one) Small Medium Large X-Large 2X-Large LS LM LL

Enclosed registration fee of \$\_\_\_\_\_ Additional donation \$\_\_\_\_\_

NAME \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_ GENDER [ ] M [ ] F

E-MAIL \_\_\_\_\_ PHONE \_\_\_\_\_

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to complete this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather, including high heat and/or humidity, traffic, conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release all race officials, volunteers, sponsors, and any others associated with this event. Furthermore, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recordings or any other record of me in this event for legitimate purposes.

\_\_\_\_\_  
Signature of participant or Parent/Guardian if under 18 years of age      Date