

# Summerfest



VIRGINIA-HIGHLAND

*31 years of Art, Music and Fun*

## Virginia Highland Summerfest 5K Road Race Run/Walk

**Saturday, June 7, 2014 | 8:00 am**

### ***ELECTRONIC CHIP TIMING!***

#### **EARLY PACKET PICK-UP! AVOID HASSLE OF LONG LINES!**

Pick up race number and t-shirt at the following locations before the race:

- Phidippides at Ansley Mall – May 30, 31, June 2, 3 [www.phidippides.com](http://www.phidippides.com)
- Virginia Highland Church, 743 Virginia Ave, ATL 30306 – Fri, June 6th 4:30–7:30PM (pick up only – no registration)

Race Day: N. Highland & Virginia Ave, 1017 N.

Highland Ave, Atl, 30306 6:30am-7:30am. Note:

limited to out of towners and emergency situations.

All others encouraged to pick up early.

**5K RACE DETAILS:** 2014 Virginia Highland Summerfest 5K Run/Walk starts 8AM near intersection of Virginia Ave/N Highland Ave & finishes near John Howell Park. [Race Course](#) This popular race will close out early - Register today to claim your spot! Hundreds of dollars in drawings from local merchants! 100% cotton t-shirt with Summerfest theme

**5K AGE GROUPS/AWARDS:** Unique picture plaque awards to Overall M & F, Masters M & F, and 3-deep each age group 10 & Under through 70 & over in 5-year increments. Gift cards from Phidippides for Overall & Masters M & F winners.

**TOT TROT @ 9:15 AM** (ages 5 & under) = \$10. Location: near musical stage Inman School. Ribbons & T-shirts given. Tot Trot registration online until May 20 or mail before May 10. Tot trot registration on Race Day at Inman School stage area @ 8AM. No Registration on Fri night at Church.

**REGISTRATION:** Registration closes at 1600 participants or May 20, whichever comes first. Do not mail registrations after May 10 – will be returned. **NO RACE DAY REGISTRATION**

- Online – [www.active.com](http://www.active.com)
- Download form and mail race entry – [www.running4fitness.com](http://www.running4fitness.com) or [www.rungeorgia.com](http://www.rungeorgia.com)
- In store registration at Phidippides Ansley Mall – 404.875.4268.
- Make checks payable to Virginia Highland Civic Association and mail to Ed Williams(Summerfest 5K), 2107 N Decatur Rd, Unit 117, Decatur, GA 30033
- 5K Registration Fee - \$27 if postmarked or registered online by April 1; \$32 thereafter.

10% discount on shoes and selected items at Phidippides with Summerfest race bib!

**RACE & SPONSOR INFO:** Ed Williams, Race Director | 404-327-7738 |

[roadraceservices@comcast.net](mailto:roadraceservices@comcast.net)

Race and Festival info also available at [www.vahi.org](http://www.vahi.org)

### **ENTRY FORM: 2014 Virginia Highland Summerfest 5K Road Race**

Check amount \$ \_\_\_\_\_ Payable to Virginia Highland Civic Association  
Mail to Ed Williams/Summerfest 5K, 2107 N Decatur Rd, Unit 117, Decatur, GA 30033

**Circle one:** 5K Run/Walk  
**Circle one:** Tot Trot

**Circle T-shirt size for 5K:** Small Medium Large X-Large  
**Circle T-shirt size for Tot Trot:** Toddler Small Toddler Medium

NAME \_\_\_\_\_ AGE \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY/STATE/ZIP \_\_\_\_\_ GENDER [ ] M [ ] F  
E-MAIL \_\_\_\_\_ PHONE \_\_\_\_\_

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to compete in this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release the Virginia-Highland Civic Association, Inc., including its officers and directors, all race officials, all Virginia-Highland Summerfest event volunteers, sponsors, and any others associated with this event. Furthermore, I hereby grant the agents of this event permission to use photos or any other record of me in this event.

Signature of participant /Parent or guardian's signature if under 18 years of age \_\_\_\_\_ Date \_\_\_\_\_

**Running4Fitness.com**