

Totally Running

5K ROAD RACE

Benefiting

**Saturday, August 21,
2010**

7:30 a.m.



405 Peachtree Parkway, Cumming, GA
(Across from The Avenue Forsyth)

Awards to top 3 Overall Male/Female; top 3 Overall Masters Male/Female and top 3 Male/Female in age groups.
Great post race food, door prizes, and t-shirts!

Pre-Registration: \$20 Team In Training Member - \$15 After August 12 - \$25

Register onsite at Totally Running! Online registration available at Active.com.

Name: _____ Age: _____

Address: _____ Email: _____

T-Shirt Size: YL S M L XL How did you hear about this event? _____

Mail in registration: Totally Running 5K, 42 Lakecrest Circle, Suwanee, GA 30024. Make checks payable to Forsyth Area Striders Team (FAST). Contact information: teamduffy@gmail.com

I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Race Organization and any sponsors, coordinating groups, and any individuals associated with the event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, video tapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature

Date

Parent's signature if under 18 years old