



May 6, 2017 / 8:00AM / RAIN OR SHINE

COURSE DESCRIPTION

The 10K USATF Certified Course loops through three Georgia cities: College Park, East Point, and Hapeville; the 5K Course loops through Historic College Park; both start and finish in Historic College Park with final lap on a fast surface track! Chip Timing!

Start Point: a few blocks from College Park City Hall 3667 Main Street, College Park, GA 30337 (Hawthorne and Main)

Finish Point: Badgett Stadium; 3636 College Street, College Park, GA 30337

Dogs, skates, rollerblades, skateboards, scooters and bikes are prohibited on both courses & casual walkers and strollers are prohibited on the 10K course. Regular street traffic will resume at 10AM and all participants must move to the sidewalks.

PARKING

Parking is located within walking distance of the start and finish points across from the College Park Public Safety Complex; 3717 College Street, College Park, GA 30337

The MARTA College Park train station is also within walking distance.

ENTRY FEE & REGISTRATION DEADLINES

\$20 Early Bird Registration by February 28

\$22 Pre-Registration (March 1 – April 14)

\$25 Registration (April 15 – May 4)

\$20 Youth Registration (age 4-14) (Now – May 4)

(youth discount not available through online registration)

\$30 RACE DAY Registration (exact cash only from 6:00-7:00 AM)

ONLINE REGISTRATION ENDS MAY 3rd and is powered by active.com

PHANTOM RUNNERS

If you don't want to run or walk enter as a Phantom Runner!

T-SHIRTS

T-shirts distributed RACE DAY while supplies last.

RACE PACKET PICK-UP

Early pick-up May 4 / Location TBA (must be registered by May 3) Race Day pick-up between 6:00 - 7:00 AM; please arrive early!

RACE AWARDS AND PRIZES

Prize pack will be awarded to male/female 1st place winners; medals will be awarded to male/female top three overall runners, oldest participant and age group categories: 5-7; 8-10; 11-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-69; 70-79, 80-89, 90+; ALL YOUTH 13 and under RECEIVE an AWARD!

Winners must be present at awards ceremony on RACE DAY to receive awards and prizes.

PROCEEDS

Support innovative public education! All proceeds from this event go to The Main Street Academy public charter school.

FOR MORE INFO

Contact us at tricitierun@tmsa.org or 404-768-0081 Visit our website at www.tmsa.org "Program" tab Like us on Facebook http://www.facebook.com/tricitierunwalk

8th Annual TriCities 10K Run & 5K Run/Walk 2017 Entry Form

(complete one form per participant / PRINT CLEARLY)

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

Street address: \_\_\_\_\_

City / state / zip: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Date and year of birth: \_\_\_\_\_ Age on May 6: \_\_\_\_\_

Circle Gender: Male or Female

Check category: \_\_10K \_\_5K \_\_Phantom Runner

Check if TMSA student: \_\_\_\_\_

Student's grade: \_\_\_\_\_ Teacher's name: \_\_\_\_\_

Check if TMSA Staff: \_\_\_\_\_

Entry form(s) and fee must be received by stated deadlines:

Entry fee \$ \_\_\_\_\_

Additional donation \$ \_\_\_\_\_

Total amount enclosed \$ \_\_\_\_\_

MAKE CHECK or MONEY ORDER payable to: TMSA Inc.

Does payment include fees for multiple participants? \_\_\_\_\_

Check # \_\_\_\_\_

Group/club name: \_\_\_\_\_

WAIVER: I hereby release the hosts, sponsors, volunteers, and officials of the TriCities 10K Run & 5K Run/Walk (Event) of all claims of injuries or damages resulting from my participation in said event. I further state that I am in proper physical condition to participate in this strenuous event. I also give permission for use of my name and photograph in any media or other account of the Event.

Signature & date: \_\_\_\_\_

Guardian signature & date (for participants under age 18): \_\_\_\_\_

Mail completed form(s) and payment to:

The Main Street Academy Run-Walk c/o T. Greene 2861 Lakeshore Drive College Park, GA 30337

