

# making a difference

Heart and Sole Inc. was founded in September 2006 in memory of Margaret Bowen McElreath. In July 2005, Bowen was born with a special heart. At three days old, Bowen was transported to MCGHealth Children's Medical Center where she became a member of the Children's Heart Program family. Bowen's life of thirteen short days ignited the flame for Heart and Sole - where our hope is that we can help children with special hearts for lifetimes to come!

## helping young hearts

Heart and Sole, Inc. is a 501c3 non-profit organization that benefits Children's Hospital of Georgia. Funding raised through Heart and Sole, Inc. allows medical equipment to be updated, lectureships to be built on current knowledge and research to be performed, as well as funding for such programs as Camp Strong Heart.

# one step at a time

The 2014 SK drew a record crowd with over 1100 participants and over 500 guests celebrated a heartfelt evening at the Old Medical College. With support from over 70 business sponsorships and numerous personal donations throughout the South, Heart and Sole, Inc. has been a true success in aiding children with special hearts!





#### 5K Run/Walk

The Ninth Annual Heart and Sole 5K Run/Walk will The course will begin and end at Children's Hospital of Georgia, where numerous miracles take place every day.

REGISTRATION AND FEES

\$25.00 before February 20, 2015 (includes t-shirt) (Includes (-Snift))
\$30.00 after February 20, 2015

 (t-shirt provided only if available)

No entry fee for children 12 and under.

\* T-shirt for children sold separately, \$12 each

Online at heartandsoleinc.org between January 26 and March 4, 2015.

Mail in attached form with payment before February 26, 2014.

Onsite at Packet Pickup on March 6-7.

PACKET PICKUP Friday, March 6, 2015 3:00 p.m. - 7:00 p.m. Children's Hospital of Georgia main lobby

RACE DAY SCHEDULE Saturday, March 7, 2015 7:00 a.m. – 8:30 a.m. Registration/Packet Pickup Children's Hospital of Georgia traffic circle \* Cash and check only on morning of 5K. RACE BEGINS 9:00 a.m.

Children's Hospital of Georgia

5K Run/Walk

9:00 a.m. **Children's Hospital** of Georgia

Evening Celebration 7:00 p.m.

Sacred Heart **Cultural Center** 

Remember! **DEADLINE FOR** EARLY REGISTRATION

IS FEBRUARY 20, 2015



### Celebrate with sole!

Celebrate the gift of giving back to children with special hearts and dance the night away at our Evening Celebration! Whether you participate in the 5K or not, come on out for an amazing cause. Food, drinks, friends and live music! You will not want to miss the fun time performed by Papa Sol!

# VENUE AND TICKETS

Saturday, March 7, 2015 7:00 p.m. – 11:30 p.m. Sacred Heart Cultural Center, 1301 Greene Street

TICKETS \$50.00 per ticket Includes food and beverages Adults 21 and over only

**Online** at heartandsoleinc.org between January 26 and March 6, 2015.

Mail in attached form with payment before March 4.

Heart and Sole, Inc. Attn: Tickets P.O. Box 10092 Augusta, GA 30903-0092

Onsite at Packet Pickup and Race Day.

For additional information, please visit heartandsoleinc.org

### 2015 heart + sole

**5K RUN/WALK REGISTRATION** \$25.00 before March 4 \$30.00 after March 4 Name(s):\_

Address:	 
City: Phone:	Zip:
Email:	
ADULT TSHIRTS	(circle size)

SMLXL2XL Name: S M L XL 2XL Name:\_

#### CHILDREN'S TSHIRTS \$12.00 each

IN XS IN S IN M IN L IN XL

**EVENING CELEBRATION TICKETS** \$50.00 each (ages 21+ only)

ADDITIONAL DONATION

I would like to make an additonal donation to Heart and Sole. Inc. in the amount of \$

\$

TOTAL AMOUNT

#### PAYMENT

Check #	_ Amount:			
Credit card #				
lame on card:				
CID Code	(3 digit number)			
xp. Date:/	VISA	MC	AMEX	

#### MAIL REGISTRATION AND PAYMENT TO Heart and Sole, Inc. Attn: Tickets P.O. Box 10092, Augusta, GA 30903-0092