

Hillside Monster Dash 5K
Sat Oct 24th - 9am
Hillside – Virginia Highland, Atlanta
Time 2 Run Grand Prix Series

RACE DETAILS: Don't miss this fun Halloween 5K Run/Walk that loops through beautiful Virginia Highland and Morningside neighborhoods. Halloween costume contest! Event takes place on the Hillside campus located at 690 Courtenay Dr, Atlanta 30306. Limited parking at Hillside and in the surrounding neighborhood; Marta nearby. Halloween themed, 100% cotton short sleeved T-shirts. Proceeds to benefit Hillside. For information about Hillside, contact Cindi Cooper 404-875-4551 (216) or www.hside.org



9:00am 5K Walk/Run: \$19 if register by 10/15; \$24 after 10/15 and Race Day

9:45am Awards and Costume Contest: Prizes for Best Costumes: Male & Female categories for ages 12 & under, 13-19, and Adult!

Race Day Reg & Packet Pick-up – 10/24 7:15–8:30 am at Hillside campus

Race will go on rain or shine - No refunds

AGE GROUPS/AWARDS: Trophies to Overall M&F, Masters M&F, and M&F 1st Place in Age Groups: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over.

REGISTRATION: \$19 early registration, \$24 late and race day registration;

- Online – www.active.com
- Download form and mail race entry – www.running4fitness.com or www.rungeorgia.com
- In store at Phidippides Ansley Mall, 1544 Piedmont Ave, Atlanta 404.875.4268
- Make checks payable to Hillside, Inc and mail to Ed Williams, Race Director, 978 Scott Circle, Decatur, GA 30033

Ed Williams, Race Director 404-327-7738

email: roadraceservices@comcast.net

ENTRY FORM – Hillside Monster Dash - 5K Run/Walk – 10/24 9am

Checks payable to: Hillside Inc. Mail: Race Director, 978 Scott Circle, Decatur, GA 30033

Check one: [] 5K Run [] 5K Walk Running4Fitness member # _____

T-Shirt: [] S [] M [] L [] XL

NAME _____ AGE _____

ADDRESS _____

CITY/STATE/ZIP _____ GENDER [] M [] F

E-MAIL _____ PHONE _____

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to compete in this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release all race officials, volunteers, sponsors, and any others associated with this event from legal liability. Furthermore, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recording or other record of this event for legitimate purposes.

Signature of participant /Parent or guardian's signature if under 18 years of age

Date